What to do when your team is obviously better than the opposition and the score is likely to get out of hand.

#### Why do it?

Save embarrasment for your opponent.
Save embarrasment for your team.
Avoid receiving an invitation to visit with the Sportsmanship Review Committee.
It's the right thing to do.

#### Some Guidelines

Don't wait too long.

Don't make it obvious.

Let the opposing coach know what you are doing.

### **Tactics**

#### STOP SHOOTING

This is the simplest option.

### **Tactics**

Shoot with weaker foot only.

Work out a signal with the team to get the information to them.

### **Tactics**

3,4,5 passes before shooting.

One touch from your opponent resets the score.

#### **Tactics**

Shoot headers only.

Headers must be from outside the goal area.

Not recommended for U10's.

#### **Tactics**

Every player on the field MUST touch the ball before anyone can shoot.

Use in combination with other restrictions to really slow down the shooting.

#### **Tactics**

Shoot from outside the penalty area.

The distance makes the shot easier for the keeper to handle.

#### **Tactics**

Pass the ball to the keeper.

If you shoot it AT the keeper, it's not likely to go in the goal.

The keeper doesn't even need to know that's what you're doing.

### **Tactics**

Shoot over the top of the net.

The looks even more realistic than passing the ball to the keeper.

### **Tactics**

Shoot wide of the net.

Good, hard shots that are aimed wide of the net can still offer players opportunities to shoot in the game.

#### **Tactics**

Place weaker players in forward positions.

Remember to keep the restrictions in place.

#### **Tactics**

Change formations to have only one forward.

This makes it easier for the opponent's defense to stop your offense.

### **Tactics**

Limit player's range into the offensive third of the field.

Have players pass the ball toward the keeper once they cross the halfway line.

#### **Tactics**

Remove a player from the field.

Do this discretely. Have one less player go on the field at a substitution opportunity.

Do not have a player walk off the field during the play. (Why?)

#### **Tactics**

Remove a second player from the field.

Primarily used at the U12 level. 8 v 6 is much more readily accepted than 6 v 4.

Note: FIFA rules do not allow for a team to <u>add</u> players.

### **Tactics**

Have leading team's goalkeeper throw the ball back into play vs punting it.

This keeps the ball in the winning team's defensive third for a longer time.

#### **Tactics**

Play weaker lines/players more than the "superstars".

When you do send the stronger lines onto the field, do so with tough restrictions on them.

#### **Tactics**

Play keep away.

Use in conjunction with other restrictions.

Don't let it run for too long.

Try not to make it obvious.

#### **Tactics**

Throw your game plan out the window.

Have the players come up with creative ideas to prevent embarrassing their opponents.

#### Other things to remember

Coach, YOU ARE THE ADULT.

If a player ignores the restrictions you have set in place, sit the player on the bench.

It WORKS!

#### Other things to remember

Make adjustments EARLY.

3-0 is the time to start implementing measures to stop scoring.

6-0 is NOT the time to start.

### Other things to remember

Work out a plan.

Failing to plan is not an excuse.

Consider this as important as teaching players to dribble the ball.

#### Other things to remember

Communicate your plan.

Let your players practice the plan.

Let the parents in on the plan so they don't urge players to do this they know they should not.

#### Other things to remember

This is about R-E-S-P-E-C-T.

Sportsmanship starts with the players and the coaches.

It extends to the opponents and spectators.

#### If you are involved in a blowout game

Make a pre-emptive strike.

Contact your town rep as soon as possible.

You WILL need to explain what happened.

#### Other things to remember



The FIFA 2010 World Cup starts on June 11, 2010.

Teams from Nashoba Valley Youth Soccer League are NOT eligible for the World Cup Tournament.

Don't coach as if they are.

**QUESTIONS?** 

**COMMENTS?**